

To Fit Guide

This guide refers to actual body measurements,
for actual garment measurements see size
specification summary.

MEN'S / UNISEX GARMENTS	XXS	XS	S	M	L	XL	2XL	3XL
EUROPEAN CHEST TO FIT	42-44	44-46	46-48	48-50	52	54-56	58	60-62
EUROPEAN WAIST TO FIT	38	40	42	44	46	48	50	52
TO FIT CHEST - INCHES	32-34	34-36	36-38	38-40	42	44-46	48	50-52
TO FIT CHEST - CMS	81-86	86-91	91-96	96-101	107	112-117	122	127-132
TO FIT WAIST - INCHES	28	30	32	34	36	38	40	42
TO FIT WAIST - CMS	71	76	81	86	91	96	101	107

LADIES' GARMENTS	XS	S	M	L	XL	2XL
UK TO FIT	8	10	12	14	16	18
EUROPEAN TO FIT	36	38	40	42	44	46
TO FIT CHEST - INCHES	30-32	32-34	34-36	36-38	38-40	40-42
TO FIT CHEST - CMS	78-81	81-87	87-91	91-96	96-101	101-107
TO FIT WAIST - INCHES	26	28	30	32	34	36
TO FIT WAIST - CMS	66	71	76	81	86	91

KIDS' GARMENTS - AGE	5/6	7/8	9/10	11/12	13/14
HEIGHT - CMS	110/116	122/128	134/140	146/152	164
TO FIT CHEST - INCHES	24-26	26-28	28-30	30-32	32-34
TO FIT CHEST - CMS	60-66	66-71	71-76	76-81	81
TO FIT WAIST - INCHES	22	23	24.5	26	27.5
TO FIT WAIST - CMS	56	58	62	66	70

Please note that for kids' sizing height is a better indication of fit than age.
It is advisable to use actual body measurements rather than measuring over clothes.