

GALA ACADEMY'S



Greater London Squad For Juniors (GLS)

Terms of Conditions & Service

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1. Greater London Squad for Juniors (GLS) Terms of Conditions & Service

This document comprises the Terms of Conditions and the Terms of Service for the Greater London Squad for Juniors training program by Gala Academy and in accordance with our policies.

1.1. <u>Program Fees</u>

The Greater London Junior Squad fee structure comprises:

- Assessment Fee
- Commitment Fee
- Course Fee
- 1 The assessment fee is fixed and payable prior to the assessment date.
- Both the commitment fee and course fee payments are required at the start of the training program. The commitment fee is an annual, fixed fee, payable each September. New members joining mid-term will pay a pro-rata course fee for the remaining sessions. This document outlines the constitution and purposes of these fees.

1.1.1. No Refunds Policy

The assessment fee, commitment fee and course fee are strictly non-refundable to ensure stable resources and forward planning is in place.

1.2. <u>Constitution and Purpose of the Assessment Fee</u>

The assessment fee is £25 per assessment and is paid in advance of the assessment date.

The assessment fee is a necessary charge to facilitate the evaluation process of prospective athletes. This fee serves critical functions:

1.2.1. Ensuring Serious Applicants

- <u>Commitment Verification:</u> Helps ensure that only serious candidates, who are genuinely interested in joining the program, apply for the assessment.
- <u>Minimising Casual Inquiries:</u> Reduces the number of casual or non-serious applications, allowing the coaching team to focus on resolute athletes.

1.2.2. Covering Assessment Costs

- <u>Resource Allocation:</u> Covers the costs associated with organizing and conducting the assessments, including facility usage, equipment, and administrative expenses.
- <u>Evaluator Compensation:</u> Facilitates in compensating the time and expertise of coaches and evaluators involved in the assessment process.

1.2.3. Enhancing Selection Quality

• <u>Comprehensive Evaluation:</u> Allows for a thorough and detailed assessment process, ensuring that the selected athletes meet the program's standards.

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 <u>Maintaining Standards:</u> Ensures the program maintains high selection standards, admitting only those athletes who demonstrate potential and commitment.

1.3. Constitution and Purpose of the Commitment Fee

The commitment fee will be £6 per session and will be paid in advance for the full year. The annual fee will be calculated based on the number of weeks in the training year. Based on 43 training weeks, the total commitment fee will be £258 per annum.

The commitment fee is a mandatory annual charge essential for ensuring the introduction of extended services and maintaining quality. This fee will be reviewed and adjusted annually in line with the services provided, with updates posted on the Gala Academy's website at the start of the training year in September.

1.3.1. Commitment and Accountability

- <u>Reducing Dropouts:</u> Discourages casual enrolment and reduces dropouts, maintaining stable participation.
- <u>Securing Commitment:</u> Ensures parents and children are dedicated to the program, promoting regular attendance and accountability.

1.3.2. Quality Assurance

- <u>Enhancing Training Quality:</u> Funds reinvested at the discretion of Gala Academy to improve training quality through better equipment, special sessions, and additional materials.
- Attracting Quality Coaches: Supports competitive salaries and benefits, attracting and retaining skilled coaches.
- <u>Inviting International coaches and Talent Advisors:</u> Funds used to invite international coaches and talent advisors to enhance the training experience.
- <u>Comprehensive Support Services:</u> Allocates resources for additional services like nutrition counselling and mental conditioning, enhancing overall athlete development.
- <u>Additional Training Support:</u> Provides extra trainers and support services as needed for personalized attention and care.

1.3.3. <u>Creating a Serious Training Environment</u>

- <u>Encouraging Participation:</u> Emphasises the seriousness of the program, encouraging dedication and discipline.
- <u>Encourage Competitive play</u>: Organise competitive play and workshops with national and international player.

1.3.4. Incentive for Long-term Participation

 Building a Cohesive Group: Fosters a sense of community and stable peer groups among long-term participants creating an ideal breeding ground for squads.

1.4. <u>Constitution and Purpose of the Course Fee</u>

The course fee is £12.50 per hour and is paid at the start of every training term. Each training session will last three hours and requires mandatory attendance. The training terms are aligned with national school terms, which

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vary in length from 6 to 14 weeks. Overall, there will be a maximum of 43 weeks provided for training in the GLS training year. The course fee covers the direct costs of providing training sessions, ensuring the effective delivery of the program.

1.4.1. Financial Stability for the Coaching Program

• <u>Sustainable Operations:</u> Supports financial stability, allowing for effective planning, resource allocation, and covering operational costs. Helps cover fixed and variable costs, including facility rent and administrative expenses.

1.4.2. Resource Allocation and Planning

- <u>Optimal Utilisation:</u> Enables effective session planning, ensuring efficient use of resources like court space, equipment, and coaching time.
- <u>Program Scheduling:</u> Assists in organising sessions and groups according to skill levels, maintaining a good coach-to-student ratio at all times.

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2. Training Programme

The Greater London Junior Squad training program is structured to provide comprehensive development for young athletes in two age groups: Under 14 and Under 18.

The outcome is to produce elite athletes for readiness to professional and semi-professional players.

Attendance for the three hours is a compulsory requirement.

There are two ages groups in this training program.

- 1 Under 14 years of age
- 2 Under 18 years of age

2.1. <u>Under 14 Group</u>

2.1.1. Age range

10 to 13 years (inclusive)

2.1.2. <u>Training Times</u>

- (a) Day/Time: Sundays/11:00 hours to 14:00 hours
- (b) Activities

2.1.2.1. Badminton Training: 11:00 hours to 13:00 hours

- Focused on Advanced Skills and techniques and in-game strategies.
- Conducted by experienced coaches to ensure a solid progression in badminton.

2.1.2.2. Strength Building Activity: 13:00 hours to 14:00 hours

- Aimed at enhancing physical strength, flexibility, and endurance.
- Includes exercises tailored to young athletes to prevent injuries and support overall athletic development.

2.2. <u>Under 18 Group</u>

2.2.1. Age range

14 to 17 years (inclusive)

2.2.2. <u>Training Times</u>

- (c) Day/Time: Sundays/12:00 hours to 15:00 hours
- (d) Activities

2.2.2.1. Strength Building Activity: 12:00 hours to 13:00 hours

- Aimed at enhancing physical strength, flexibility, and endurance.
- Includes exercises tailored to young athletes to prevent injuries and support overall athletic development.

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2.2.2.2. Badminton Training: 13:00 hours to 15:00 hours

- Focused on Advanced Skills and techniques and in-game strategies.
- Conducted by experienced coaches to ensure a solid progression in badminton.

This structured schedule ensures that all participants receive balanced training, combining technical skill development in badminton with essential physical conditioning.

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3. Assessments and Term dates

3.1. Purpose of Assessments

The <u>purpose of the assessment is to identify athletes</u> who are physically and mentally prepared to enter the GLS Training Programme. It also ensures there is adequate support from parents and guardians to support the athlete and Gala Academy in developing the athlete as an elite player.

3.1.1. Assessment Dates

During the training year, an assessment will be conducted twice yearly during the training year as follows:

- 1st and 2nd Sunday in September
- 1st and 2nd Sunday in March

All participants who have completed an assessment will be provided with a written report detailing assessment results, feedback, and recommendations for future improvement to support their training journey.

3.1.2. GLS selected athletes

There will be 12 athletes selected from each age group to participate in the GLS elite squad.

3.1.3. GLS athletes in waiting

Top 6 unselected participants from under 14 and under 18 age group will be invited to join the GLS athletes in waiting programme.

Training will be provided to address the deficiencies outlined from the assessment for readiness to progress to GLS. Progression will occur once a place becomes available in GLS. Trainees in waiting will not be required to undergo another assessment unless deemed necessary.

3.1.3.1. Age Range / Class Number

- Under 14 6 students
- Under 18 6 Students
- Maximum 12 students per training session
- Training Times will be Sundays 15:30 hours to 17:30 hours.

3.2. Term Dates

Term dates will be aligned with national school term dates as provided by local authority and / or local schools in area where the training hub is sited. Term dates will be published on Gala Academy's website at the start of the training year in September.

3.2.1. Training Year

The training programme for GLS runs yearly from September to August.

3.2.2. Annual Number of weeks of Training in Training year

A maximum of 43 weeks of training will be provided each training year

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4. Uniform & equipment requirements

In line with Gala Academy's uniform policy, the Greater London Junior Squad has a mandatory uniform requirement for all participants. This is to ensure a professional, cohesive, and disciplined appearance during training sessions, assessments, and competitions. The uniform promotes team unity and helps instil a sense of pride and responsibility in each athlete.

4.1. <u>Required Uniform</u>

4.2. <u>Components</u>

4.2.1. <u>Training Sessions</u>

- Shirts shall be GLS Squad training shirts.
- **Shorts or Skorts** shall be shorts for boys and girls. The option of skorts or leggings is available as alternative to shorts.
- Footwear shall be non-marking badminton shoes with proper ankle support and cushioning.
- **Socks** shall be sports socks in white.

4.2.2. <u>Tournaments and competitions</u>

In addition to the above, the following shall be required.

- Sweat towels shall have the GLS signina for use during training and competitions to maintain hygiene and comfort.
- Gala Academy track suit in dark blue
- Gala Academy shoe bag for transporting badminton shoes. Badminton shoes should not be worn outside the facility.

4.2.3. Special uniform requirements

In line with our EDI policy, we will support students with specific uniform requirements based on religious grounds and special needs. These could include, but not limited to the following.

- head scarfs.
- belts
- full coverage gear

Assistance will be provided to ensure that the uniform provides best comfort and agility for playing badminton.

4.2.4. Equipment

• Players must bring their own rackets and water bottles.

4.2.5. Guidance on appearance

- Uniforms must be clean, neat, and in good condition at all times.
- No jewellery is allowed to ensure safety during training and competitions. Hair must be neatly tied back if long.

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4.3. <u>Compliance</u>

4.3.1. <u>Enforcement</u>

• Coaches will enforce uniform compliance. Athletes not in proper uniform may be restricted from participating in training sessions or competitions.

4.3.2. <u>Purchasing and replacements</u>

• Uniforms and sweat towels can be purchased through Gala Academy's 'stores' website.

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5. Student profiles

Each student in the GLS squad will have a dedicated profile page on Gala Academy's website detailing their journey in badminton. This includes a comprehensive list of tournaments they have participated in, and key milestones in their development.

Students are expected to regularly update their profiles with supervision from their parents or guardians. Each profile shall include their badminton Journey and in particular:

- details of the club or clubs they originate from
- details of all their previous coaches
- details of the league play
- details of the tournaments

Gala Academy and the GLS teams will monitor these profile pages to ensure all appropriate and accurate details are included. This profiling system helps track progress and showcases the achievements of young athletes and to give accolade to the coaches and clubs which have supported the student's badminton journey.

All student profiles will be managed under strict under GDPR regulations.

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